



GOVERNMENT OF JAMMU AND KASHMIR
OFFICE OF THE PRINCIPAL.

GOVERNMENT MEDICAL COLLEGE, HANDWARA.

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Sub: Mentor Mentee Program Govt Medical College Handwara.

Office Order: 28- GMCH of 2025

Dated: 19/05/2025

In compliance with the guidelines of the National Medical Commission (NMC), this order establishes the Mentor-Mentee Program at Government Medical College, Handwara. The primary objective of this program is to provide academic, professional, and personal support to medical students through regular mentorship.

1. Purpose and Vision:

- This Mentor-Mentee Program serves as a vital platform for fostering meaningful connections between mentors (faculty) and mentees (students).
- It aims to provide holistic support, encompassing academic guidance, career counselling, mental well-being, and personal growth.

2. Functioning of the Program:

- Regular mentor-mentee interactions through scheduled meetings (in-person or online).
- Personalized guidance on academic performance, career choices, stress management, and ethical decision-making.
- Mentors will provide insights into professional conduct, real-world healthcare scenarios, and problem-solving.

3. Roles and Responsibilities:

- Mentors: Provide guidance, monitor mentee progress, maintain confidentiality, and promote a positive learning environment.
- Mentees: Attend scheduled sessions, seek guidance actively, maintain open communication, and respect mentor guidance.

4. Benefits of the Program:

- Holistic Development: Enhances academic performance, mental well-being, and professional skills.
- Career Guidance: Provides insights into various medical fields and helps in making informed career choices.
- Emotional Support: Creates a sense of belonging and offers a support system for students.

5. Monitoring and Evaluation:

- Regular feedback collection from mentees and mentors.
- Periodic review of mentor-mentee interactions by the program committee.

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6. Aims and Objectives:

- o Provide extensive and personalized support to students throughout their academic journey.
- o Equip mentors with the skills to be effective guides.
- o Bridge the gap between students and faculty, promoting mutual respect.
- o Foster emotional intelligence, resilience, and stress management among students.
- o Promote ethical values, professionalism, and a strong sense of responsibility in future healthcare professionals.

7. Implementation Strategy:

- o The mentor-mentee distribution will be reviewed annually.
- o Assignment of mentors during the foundation course for every new batch.
- o Training workshops for mentors.
- o Regularly scheduled mentor-mentee sessions.

Therefore, based on the number of faculty members (mentors) of Govt Medical College Handwara, following distribution of students (mentees) is being framed:

Mentor Mentee Allocation Table:

S.No.	Name of Mentor (Designation)	Names of Mentees (Batch)
1.	Prof Dr Shaukat Jeelani- (Professor-General Surgery)	Aaliya Amin (2024-25)
		Aaqib Manzoor (2024-25)
		Aadil Hussain Thoker (2023-24)
		Aakib Ahmad Wani (2023-24)
		Aaliya Jan (2023-24)
2.	Prof Dr Abdul Qayoom Lone- (Professor-Anaesthesia)	Aasiya Mir (2024-25)
		Abeera Asif (2024-25)
		Abrar Majid Kataria (2024-25)
		Abdul Manan Allaqband (2023-24)
		Abhishek Swami (2023-24)
3.	Prof Dr Jawed Ahmad Bhat- (Professor-Orthopaedics)	Afshana Manzoor (2024-25)
		Akshat Bhargav (2024-25)
		Adnan (2023-24)
		Afnan Kowsar (2023-24)
		Afshana Farooq (2023-24)
4.	Prof Dr Safoora Bilquees- (Professor-Community Medicine)	Aman Idress(2024-25)
		Anieka Imtiyaz(2024-25)
		Arvind Kumar (2024-25)
		Aiman Jan (2023-24)
		Amanat Ali (2023-24)
5.	Dr Sanna Nazir- (Associate Professor-Pathology)	Asna M (2024-25)
		Ateeqa Ashaq Wani (2024-25)



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		Amu Sharma (2023-24)
		Aqsa Farooq (2023-24)
		Arbena Farooq (2023-24)
6.	Dr Showket Rashid- (Associate Professor-Forensic Medicine)	Basir Rasool Hajam (2024-25)
		Behjat Un Nisa (2024-25)
		Danish Lateef Khan (2024-25)
		Arsalan Ajaz (2023-24)
		Arvind Kumar Balai (2023-24)
7.	Dr Showkat Ahamd Bhat- (Associate Professor- Biochemistry)	Devi Kishan Lega (2024-25)
		Eman Rouf Mir (2024-25)
		Asia Bibi (2023-24)
		Asia-Binte Reyaz (2023-24)
		Athfar Farooq (2023-24)
8.	Dr Fayaz Munshi- (Associate Professor- Anaesthesia)	Faiqa Mehraj (2024-25)
		Farhan Ali (2024-25)
		Farhanuddin (2024-25)
		Ayan Shafi (2023-24)
		Bantu Singh Deshwar (2023-24)
9.	Dr Mohammad Zahoor Hamdani- (Associate Professor-General Surgery)	Fozia Bano (2024-25)
		Haania Akbar (2024-25)
		Basharat Ayub (2023-24)
		Basharat Bashir (2023-24)
		Ekta (2023-24)
10.	Dr. Arash Nazir Sora - (Assistant Professor -Anatomy)	Haseena Farooq (2024-25)
		Hoor Tariq (2024-25)
		Huzaifa Rashid (2024-25)
		Faizan Ahmad Wani (2023-24)
		Fozia Kosar (2023-24)
11.	Dr. Safura Dewani – (Assistant Professor -Physiology)	Imad Ud Din (2024-25)
		Imtiyaz Ahmad War (2024-25)
		Gazala Rashid (2023-24)
		Ghulam Rabbani (2023-24)
		Heena Saini (2023-24)
12.	Dr. Tousief Irshad Ahmad - (Assistant Professor - Biochemistry)	Innub Shah (2024-25)
		Iqra Nazir (2024-25)
		Isha Khanjan (2024-25)
		Imaniya Farooq (2023-24)
		Imtiyaz Ahmad Wani (2023-24)
13.	Dr. Nazia Bhat – (Assistant Professor – Pathology)	Ishtiyaz Bashir (2024-25)
		Jabeena Masood (2024-25)
		Insha Zohra (2023-24)
		Iqra Jan (2023-24)



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		Iram Reyaz (2023-24)
		Jatin Aswal (2024-25)
14.	Dr. Mohammad Aamir Haleem (Assistant Professor – Pathology)	Joziyah Akhter (2024-25)
		Kesar Lal Bhagat (2024-25)
		Irfan Rashid Zargar (2023-24)
		Irtiza Yadooob (2023-24)
15.	Dr. Gazala Gul – (Assistant Professor - Pathology)	Khalid Kabir (2024-25)
		Madiya Rashid (2024-25)
		Jagbir Singh (2023-24)
		Jahangir Ahmad Paray (2023-24)
		Jatin Kaile (2023-24)
16.	Dr. Omar Rashid – (Assistant Professor - Microbiology)	Mahnoor Bilal (2024-25)
		Misbah Ashraf (2024-25)
		Mohamad Shafi Mir (2024-25)
		Kafi (2023-24)
		Kamran Ilyas (2023-24)
17.	Dr Iram Kehkashan - (Assistant Professor -Pharmacology)	Mohammad Aleem Khan (2024-25)
		Mohammad Davood Ahanger (2024-25)
		Kuldeep Kumar (2023-24)
		Kushal Balyan (2023-24)
		Lubna Muzaffar (2023-24)
18.	Dr. Zahoor Ahmed Rather - (Assistant Professor - Pharmacology)	Mohd Akeel (2024-25)
		Mudaber Farhan Masoodi (2024-25)
		Mudasir Ahmad Wani (2024-25)
		Madiha Majeed (2023-24)
		Mahrose Ali (2023-24)
19.	Dr. Syed Najmul Ain – (Assistant Professor -Community Medicine)	Muhammad Farhan Wani (2024-25)
		Muhammad Yasir Lone (2024-25)
		Maleeha Anjum (2023-24)
		Malik Iqra (2023-24)
		Manpreet Kour (2023-24)
20.	Dr. Rabia Ahmed – (Assistant Professor -Community Medicine)	Mujtaba Farooq (2024-25)
		Murtaza Maqbool Malik (2024-25)
		Nadeem Fayaz Najar (2024-25)
		Mansab-Un-Nissa (2023-24)
		Mariya Tariq (2023-24)
21.	Dr. Ukshan Parvez Shah - (Assistant Professor -Forensic Medicine)	Nanika Bilorla (2024-25)
		Neharika Sharma (2024-25)
		Maryam (2023-24)
		Masrat Bashir (2023-24)
		Mehraj Nabi Buhroo (2023-24)



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22.	Dr. Raj Tajamal Hussain (Assistant Professor -ENT)	Neyaz Ali (2024-25)
		Nishant Bhandari (2024-25)
		Nusrat Shafi (2024-25)
		Mhanaz Bano (2023-24)
		Mir Ammar Murtaza Hussaini (2023-24)
23.	Dr. Aamina Shah – (Assistant Professor - Ophthalmology)	Padma Lotus (2024-25)
		Pakeeza Ahad (2024-25)
		Mir Farshanul Haq (2023-24)
		Mohammad Aadil Fayaz Wani (2023-24)
		Mohammad Asif Teli (2023-24)
24.	Dr. Rayees ul Hamid - (Assistant Professor -General Medicine)	Pankaj (2024-25)
		Payal Saini (2024-25)
		Raweesta Akhter (2024-25)
		Mohd Sharaz (2023-24)
		Musharaf Fayaz (2023-24)
25.	Dr. Zubair Ahmad Najar - (Assistant Professor -General Medicine)	Rishi Kumar Bhagat (2024-25)
		Riyanshi Sachdeva (2024-25)
		Muskaan Samotra (2023-24)
		Muskan Manzoor (2023-24)
		Mutaiba (2023-24)
26.	Dr. Mohd Azhar Masoodi- (Assistant Professor - General Medicine)	Rubab (2024-25)
		Sadaf Nazir (2024-25)
		Sajad Mehraj (2024-25)
		Nadia Qayoom Mir (2023-24)
		Nandini Angral (2023-24)
27.	Dr. Showkat Ali Bhat – (Assistant Professor -General Surgery)	Salman Bashir (2024-25)
		Sameer Ahmad Magray (2024-25)
		Nasir Hussain (2023-24)
		Ovais Ahmad Wani (2023-24)
		Owais Bashir (2023-24)
28.	Dr. Jan Mohd Rather- (Assistant Professor -General Surgery)	Sandeep Kumar (2024-25)
		Saqib Iqbal (2024-25)
		Sarah Ayyaz (2024-25)
		Praveen Kumar (2023-24)
		Rahul (2023-24)
29.	Dr. Naveed Nabi- (Assistant Professor - General Surgery)	Sehba Mushtaq (2024-25)
		Shabnam Khan (2024-25)
		Ridwan Mushtaq (2023-24)
		Ritik Singh (2023-24)
30.	Dr. Naseer Yousuf Mir - (Assistant Professor -Pediatrics)	Shabnum Shabir Wagay (2024-25)
		Shahab Saqib Awan (2024-25)
		Rumasaw Yaseen (2023-24)



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		Sabahat Ashraf (2023-24)
31.	Dr. Irshad Ahmad Bhat - (Assistant Professor -Pediatrics)	Shahla Hamid (2024-25)
		Shailja Garg (2024-25)
		Sabahat Rafiq (2023-24)
		Safiya Jamal Lone (2023-24)
32.	Dr. Nisar Ahmad Shah - (Assistant Professor - Orthopaedics)	Shakib Malik (2024-25)
		Shiksha (2024-25)
		Sahil Farooq (2023-24)
		Sahil Thapa (2023-24)
33.	Dr. Mohd Ahsan Wani - (Assistant Professor -Orthopaedics)	Shivangi (2024-25)
		Simran Sharma (2024-25)
		Seerat Fatima (2023-24)
		Seeratul Nisa (2023-24)
34.	Dr. Suzaira Bashir - (Assistant Professor -Obstetrics and Gynaecology)	Sumaya Bashir (2024-25)
		Syed Humira Mukhtar (2024-25)
		Lakhayad Ali (2023-24)
		Sharafat Sharief (2023-24)
35.	Dr. Kaiser Habib - (Assistant Professor -Obstetrics and Gynaecology)	Tanavush Fatima (2024-25)
		Tanuj (2024-25)
		Shariq Nabi (2023-24)
		Khadim Hussan (2023-24)
36.	Dr Mohd Sarwar Mir - (Assistant Professor – Hospital Administration)	Tanveer Nazir Baba (2024-25)
		Tanzeela Hussain (2024-25)
		Shiekh Taseen (2023-24)
		Showkat Ahmad Rather (2023-24)
37.	Dr. Mohd Iqbal Bhat (Assistant Professor -Radiodiagnosis)	Touheed Ahmad Dar (2024-25)
		Ubaid Fayaz Najar (2024-25)
		Shubham Dhaker (2023-24)
		Sibgat-Ullah Makhdoomi (2023-24)
38.	Dr. Masrat Ara - (Assistant Professor -Anaesthesia)	Umar Muzaffar Mir (2024-25)
		Vakar Ahamad (2024-25)
		Mohd Aaqil (2023-24)
		Suha Sajad (2023-24)
39.	Dr. Shaiqa Manzoor (Assistant Professor -Anaesthesia)	Vidhayanshi Choudhary (2024-25)
		Wajahat Ahmad Wani (2024-25)
		Sumit Hans (2023-24)
		Sunita Chhabarwal (2023-24)
40.	Dr. Sajad Ahmad Dar - (Assistant Professor -Radiotherapy)	Waseem Ahmad Bhat (2024-25)
		Yashika Garg (2024-25)
		Tehleel Bilal (2023-24)
		Vishakha (2023-24)
41.		Zahid Rehamatullah (2024-25)



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	Dr Samia Aleem - (Assistant Professor -Dermatology)	Zahir Abbas (2024-25) Wajid Ahmed (2023-24) Yasir Muhammed Shigan (2023-24)
42.	Dr. Manzoor Ahmad Sofi (Assistant Professor - Blood Centre)	Zebrig Ramzan (2024-25) Zubair Ahmad Bhat (2024-25) Yumna Ayub (2023-24) Zaffar Jamal (2023-24)
43.	Dr. Mohammad Muneeb Mubashir - (Assistant Professor- Dentistry)	Zubair Ahmad Khan (2024-25) Zubair U Din Ganie (2024-25) Zulfiqar Ravzatul Hussain (2023-24) Zarina Batool (2023-24)

(Prof.) Dr. Khurshid Ahmad Wani
Principal,
Govt. Medical College Handwara

No.GMC/Hand/2025/Acad/ ~~888~~ 392

Dated: 19/05/2025

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